# **Somers Town Community Newsletter**









Together, let's celebrate Somers Town with an exhibition showcasing you, your places and your memories here over the past years.

Let's celebrate your estates, your warm and cool spaces, your pubs, gardens and neighbourhoods.

Let's celebrate your strong communities; your families, neighbours, men, women and children, around food, fun and festivities.

Lets celebrate the yesterday and the today as we all look forward to a brighter tomorrow.



TO PARTICIPATE

Please bring any physical copies to the Living Centre for us to scan and email any digital or videos to deepika@thelivingcentre.org before 10 June 2025.

#### **WE WELCOME ALL PHOTOS**

The recent ones, to the ones from decades ago.











Somers Town **Future** Neighbourhoods 2030

SUPPORTED BY **MAYOR OF LONDON** 



Support local chefs and groups serving delicious food at STCA

# THINK&DO

COMMUNITY CLIMATE & SOCIAL ACTION

#### **Stay Cool!**

We're working with the Council on a 'how to stay healthy in a heatwave' particularly with vulnerable communities. Reach out to us if you'd like to become a cool space or if you are a resident and would like information on how to stay cool. For more information: nicole@thinkanddocamden.org.uk

#### CCA

Are you a Camden Climate Alliance Business (CCA) and would like to help a local (within 2km of your premises) third sector organisation? If this sounds of interest, please get in touch with us at: ned@thinkanddocamden.org.uk

#### **Sharing Spaces**

Our Ampthill Sharing Space has now closed but our Goldington Sharing Space is running throughout June-July at Doreen Bazell Hall, 11am-2pm. Also keep an eye out for Tuli's own Sharing Space at The Last Word Café at the British Library – every Tuesday until the end of July, from 3pm-5.30pm.

Would you like to set up a Sharing Space of your own? Email Syeda for more information:

syeda@thinkanddocamden.org.uk



Hailing from the States and volunteering as part of her degree in health studies, Emma Phelps says she loved her time volunteering for local health charity, Healthwatch Camden. She particularly enjoyed connecting with local people.

"It allowed me to get to know this community as a whole and see the friendships, support networks, and kindness that are behind every Camden resident. I hope to take the lessons that HWC taught me about trust and community to all my future positions, to better serve the communities I work with. I cannot recommend this position enough!" says Emma.

Would you like to serve your local community by volunteering for Healthwatch Camden? Perhaps you also want to make a difference or maybe you'd like to gain skills and improve your employability?

Healthwatch Camden are currently looking for two types of volunteers:

**Enter and View Volunteers** – who get training to become authorised visitors to local health and social care services.

**General Volunteers** – to help carry out projects to improve people's health, such as carrying out blood pressures checks in libraires.

All travel costs will be reimbursed and there may be opportunities for benefits and rewards.

All backgrounds welcomed. You just need to be aged 16 and over.

Sign up now by filling out the online form here: https://www.healthwatchcamden.co.uk/volunteer/

To find out more, visit https://www.healthwatchcamden.co.uk or email them on info@healthwatchcamden.co.uk or call on 020 7383 2402.



# Breakfast full english breakfast

roast chicken panini

cheese toastie

breakfast baps – sausage, egg, turkey rashers	5.50
plain croissant	2.00
pain au chocolate	2.50
waffles with halal turkey rashers and maple syrup	4.50
Lunch	
Paninis	
tuna panini	5.00
sundried tomato, mozzarella and	5.00

# with red pepper paste/pesto cheese mix and jalapeños Soup of the Day 4.50

 Starters
 2.00

 Poppadoms with chutneys
 2.00

 Samosas chaat
 4.50

 Gol gappa (10 per portion)
 4.50

 Vada pav.
 4.50

with choice of rice, West Indian roti, paratha, baked potato or loaded fries

keema and peas (keema matar)	7.50	10.00
veg curry (sabzi)	6.00	8.50
spinach and potato (saag aloo)	6.00	8.50
okra curry	6.00	8.50
fish curry	7.50	10.00
tarka dall lentils (split pea and moong dal)	5.00	7.50
roast chicken	7.50	10.00
shish kebab	7.50	9.00
lamb or chicken donor	7.50	9.00

7.50 10.00

### Spicy Laass

#### Desserts of the Day

apple crumble	3.50
with ice cream or custard	
chocolate fudge cake	3.00
with ice cream or custard	
banana cake	2.50
milkshakes	4.00
mango lassi	4.00
Detacho	

#### Drinks

6.00

5.00

10.00

ea, mint, lemon and ginger, hibiscus	1.80
english breakfast tea	2.00
arak chai	2.50
offee, latte, cappuccino, americano	2.80
not chocolate	2.80
oca cola, coke zero, sprite, ango, red bull	1.80
nilkshakes beanut butter crunch, kit kat, Oreo	4.00
nango lassi	4.00
ipple juice, water	1.50

#### Small bites / Sides

Cilimit pires /	Cirico	
Mac and cheese		5.50
Punjabi samosas		2.00
Chips (medium) Chips (large)		2.50 3.50
West Indian roti		2.80
paratha		1.80
rice		4.00
salad	bowl as add-on	3.00 1.50
crisps		0.70
chutneys - mint / mint yo	gurt / chili	0.50

Dishes are made fresh daily so availability of all dishes mig sometimes not be possible.

In the interest of minimising food waste, Saturday & Sunday roasts must be pre-ordered.

# What's on **Community events – Summer 2025**

HSILINS LIBRARY

#### The Great Garden Fete: free paper making and eco printing workshops - 6th and 7th June

We have two upcoming workshops at the Last Word on 6th and 7th June as a part of a larger British Library Gardening Fete, in response to our current Unearthed exhibition. Please join us for a workshop on organic paper making on 6th June and botanical printing on 7th June as well as the rest of the Gardening Fete party on the piazza. Both workshops are drop-in (sign up on the day), free to enter and for families with children aged 8 and up. More information on our What's On page.

**NEW!** Community archiving project, The stories we tell: crafting your own archive – 8 weeks starting 3rd July An invitation to community members to join a free short course on building a personal archive. Working with creative talent from across multiple fields as well as professionals in the British Library, you will build skills in community archiving and storytelling. Do you have a story you'd like to tell, or an archival project you've always wanted to work on? It could be a set of family photos that you don't know what to do with, or a story about your community you'd like to write – we can support you! Over 18's only. Please check our What's On? page for more information or to sign up.

#### **Unearthed: The Power of Gardening**

Our newest exhibition on gardening, with a spotlight on community gardens, has just opened and we'd love to see your groups come by! Dive into gardening's role in our health and wellbeing, see how people have reimagined our homes, towns and cities to create green spaces, and uproot the tangled histories of the plants that grow in our gardens today. Individual Camden Community members can get in for £1 (with proof of address,) and groups of 5 or more can contact us for complimentary tickets. Check our What's On? page for more information.

Check our What's On? page for further information and more events. Visit https://tinyurl.com/497378py or scan the QR code.

The British Library, 96 Euston Road, London NW1 2DB

www.bl.uk





## Summer events

#### The below are happening at the STCA Café, 150 Ossulston Street NW1 1EE

#### **Women's Coffee Mornings**

Mondays 10.30am to 12pm. Connecting women to talk about health, nutrition, relationships, and more over a warm cup of tea or coffee and biscuits. Contact: sonia@thelivingcentre.org

#### **Sewing Socials**

Mondays 1pm to 3pm, Saturdays 11am to 2pm. Encouraging upcycling and mending to reduce textile waste. Sewing machines available to use for own projects. Contact: ema@thelivingcentre.org

#### **Grow-it-Yourself**

Tuesdays 10.30am to 12.30pm. Discover what you can grow in your home, find out more about plants, learn composting, or just have a sit by the rooftop garden. Contact: aaliyah@thelivingcentre.org

Wellbeing Wednesdays
12pm to 3pm. Weekly gentle fitness classes, health advice, and mindfulness activities. Participants enjoy a free, warm, vegetarian meal. Contact: sonia@thelivingcentre.org

#### **Community Café**

11am to 2pm, every other Wednesday. Join us for meaningful conversations, creating connections over free cake. Guest speakers drop by to share knowledge and skills on different topics, especially on supporting health and the planet. Contact: jusna@thelivingcentre.org or siobhan@thelivingcentre.org

#### **DIY Climate Learning Hub**

Thursdays 10am to 1pm. Learn how to make natural home, and/or lifestyle products for personal use. Contact: aaliyah@thelivingcentre.org

#### **Volunteering Opportunities**

Learn green skills or work with partner community organisations: Consult with Kylie Tuesdays to Fridays 11am to 2pm. By appointment. Contact: kylie@thelivingcentre.org

#### **Special event**

**Constructing Change**Planning for Climate and Communities. Wednesday, 25 June, 9.30am to 12pm. A joint event by Somers Town Community Association and the Knowledge Quarter for the London Climate Action Week. To learn more and register visit: https://lu.ma/r2xzr8t4



Somers Town Festival is Camden's largest street festival. Celebrating the culturally rich fabric of the area through music, food, art, dance and theatre.

Saturday, 12th July 2025, 12pm – 6.30pm **Chalton Street NW1 1HJ** 

# HELP DESIGN A MURAL FOR



FOR A HANDS-ON, DROP-IN COLLAGE WORKSHOP TO HELP SHAPE The Future mural at Gatti Park's New <u>Basketball Court</u> AND SKATE PARK

#### WHAT TO EXPECT

- A RELAXED, DROP-IN FORMAT:
   YOU CAN STAY FOR RO MINUTES OR THE WHOLE SESSION
   ALL COLLAGE MATERIALS PROVIDED:
   BUT FEEL FREE TO BRING OWN IMAGES, DRAWINGS OR PHOTOS
   GUIDED BY EXPERIENCED MURAL FACILITATORS
- **WOOD STREET WALLS**
- CONTRIBUTIONS WILL DIRECTLY INFORM THE MURAL DESIGN

WHO SHOULD ATTEND? ABSOLUTELY EVERYONE! YOUNG PEOPLE, LOCAL RESIDENTS, Families, Park Users, and anyone who wants to have a say in their shared public space. No art background or experience needed



WORKSHOP DETAILS: DATE: SATURDAY 7TH JUNE





COMMUNICATION@THELIVINGCENTRE.ORG

**WOOD STREET WALLS** 



# THE COMMUNITY CAFÉ

















# Supporting Local, Supporting the Planet

11am to 2pm, every other Wednesday

Climate Café @ The Community Café 150 Ossulston Street, London NW1 1EE

For further information, contact: siobhan@thelivingcentre.org or jusna@thelivingcentre.org











www.kindlecorner.org

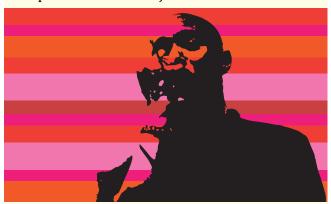






# **YOU'VE** GOT TO HAVE (part 2) FREEDOM

A Spoken Word Project for Somers Town



#### PERFORMANCE & OPEN MIC

For more details contact siobhan@thelivingcentre.org

Saturday 5th July 3pm

**The Last Word British Library Courtyard** 



#### Invest in a Healthier Somers Town: Your Expertise is Needed

Looking for an opportunity to demonstrate your commitment to the long-term well-being of Somers Town residents and to be an active partner in building a healthier future for the community you are a part of?

The Somers Town Neighbourhood Forum (STNF) invites you – whether community groups, VCS partners, businesses, developers, Local Authorities, research organizations, or devoted residents – to take a proactive role in shaping the future health and wellbeing of the area by joining our Health Subcommittee.

We are presently examining the Community Health Priorities that will inform the upcoming Somers Town Neighbourhood Plan [expected: 2026-2035], a vital document that will be voted on by all local residents at a referendum. By participating, your valuable insights will ensure this plan truly addresses the needs of our community, including those most vulnerable.

Scan the QR code or visit this website to sign up: https://bit.ly/STNFHealthSubcomSignUp

The next Somers Town Neighbourhood Forum meeting will be at 6.30pm, 12th June at the Living Centre.

If you are interested to join the following sub-groups of Neighbourhood Planning committee, please email:

For Heritage – Diana Fosters at somerstownhistory@gmail.com
For Climate – Fran Reeves at fran@globalgeneration.org.uk
For Business, Employment, Education, Training (BEET) – Sarah Elie at sarah@somerstown.org.uk



applications raised £330k for clients

CAN

**The Living Centre** 

58 applications £15,700 paid out

#### **HOW TO FIND US**

The St Pancras and Somers Town Living Centre 2 Ossulston Street London NW1 1DF

Tel 020 7380 0453 email hello@thelivingcentre.org www.somerstown.org.uk

The Living Centre is supported by the Francis Crick Institute



Somers Town **Future** Neighbourhoods 2030

SUPPORTED BY

#### **MAYOR OF LONDON**

Committed to tackling the climate and ecological emergencies, whilst addressing London's health and social inequalities.



If you want something included in the newsletter, please email communication@thelivingcentre.org Other announcements are also available and can be posted digitally on www.thelivingcentre.org

Connect with volunteering, training and job opportunities - Visit the Job Hub