As of the end of Tuesday, 9th March, the number of people in the UK to have been given a first dose of a COVID-19 vaccine is 22,592,528; whilst 1,181,431 second doses have been administered.

The team at the Living Centre are extremely proud to say that over 1000 people have now received their vaccination at the centre.

Young Minds What do if you’re anxious about coronavirus https://youngminds.org.uk/blog/
Mental Health Camden Coronavirus and your wellbeing https://mentalhealthcamden.co.uk/news/21/02/coronavirus-and-your-wellbeing
Mental Health Foundation Looking after your mental health https://www.mentalhealth.org.uk/coronavirus/mental-health-tips
Mental Health Foundation Getting help https://www.mentalhealth.org.uk/your-mental-health/getting-help
Camden Rise Help and advice for young people https://www.camdenrise.co.uk/
Mental Health Camden Bangladeshi mental health forum https://www.mentalhealthcamden.co.uk/services/bangladeshi-mental-health-forum

Good news...

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Our special thanks to all of those that have supported us on the journey to date
The St Pancras and Somers Town Living Centre, 2 Ossulston Street, London NW1 1DF
Tel 020 7380 0453  Email wellbeing@thelivingcentre.org  www.thelivingcentre.org

Test and Trace

Around 1 in 3 people with COVID-19 don’t have any symptoms (are asymptomatic). Community testing of asymptomatic people has now been expanded in London. This will help to identify and isolate individuals who have COVID-19 but do not have symptoms and may be unknowingly spreading the virus. To book a test see link https://www.gov.uk/get-coronavirus-test

A helping hand

The Hub is now supporting 45 families a week and working with them to ensure they have full access to all of our services and our partners. We are excited to mention the start of our Green Space project at STCA in partnership with Global Generation; which will see us work with local people and volunteers to grow fresh vegetables for the Hub.
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